



- My vision for the future is balanced with creative, intellectual and community experiences via travel, outreach and intentional spaces for making. I envision moving, living spaces where others can connect, heal and grow through creativity and attachments. This includes supportive environments for children to thrive and heal.
- My personal goal is one in which I am accessing new creative parts of myself and supporting others in accessing their own self-expression in a manner that supports healing, a positive self-concept and tools they can use in their own life to feel connected to themselves. Accessing new creative parts of myself means staying open to change and transition as a pathway to learning, growing and creating. This includes learning new skills and exploring new information and experiences outside of my comfort zone.
- Professionally, I want to continue exploring puppetry, storytelling and fairytales and use these modalities to support traumatized children. I would like to work to support young people through their own process of grief and loss, using expressive arts as a vehicle for change, including refugee children. I hope to continue to apply expressive arts modalities to my current work with children, teens and young adults to support them in their individual process of expression.
- My long-term projection includes becoming a Registered Expressive Arts Therapist through the International Arts Therapy Association and connecting with underserved communities, children and adolescents who would benefit from therapeutic art education and expression.